



OFFICIAL CLASS SCHEDULE

UNLIMITED CLASSES - \$80 per month (mix & match classes includes: BOXING - KICKBOXING - MARTIAL ARTS)

Boxing (only) \$65/month

Kickboxing (only) \$65/month

SENIOR CITIZEN STRENGTH TRAINING- \$40 per month (unlimited senior classes)

FIND THE WARRIOR WITHIN YOU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00AM-11:40AM SENIOR CITIZENS	11:00AM-11:40AM SENIOR CITIZENS	6:30PM-7:30PM MARTIAL ARTS	11:00AM-11:40AM SENIOR CITIZENS	NO CLASSES	10:00AM-11:00AM MARTIAL ARTS
6:00PM-7:00PM KICKBOXING	6:00PM-7:00PM KICKBOXING		6:00PM-7:00PM KICKBOXING		
7:00PM-8:00PM BOXING	8:00PM-9:00PM BOXING				

YOUTUBE: INVINCIBLE ARK FITNESS

INSTAGRAM: @INVINCIBLE_ARK

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Any questions, please call or email: invinciblearkfitness@gmail.com

Office (973) 542-8358